

# FREMONT PREVENTION 2025 SUCCESS SHEET

## PROGRESS IN MOTION, WORK TO BE DONE

In 2025, Fremont Prevention continued building momentum across prevention, education, and community connection. From equipping parents with practical tools to creating spaces for healing and remembrance, this year reflects both meaningful progress and a clear commitment to keep moving forward.

### 1 KEY 2025 HIGHLIGHTS

#### Community Guidebooks & Prevention Toolkits

Equipped families and community members with practical prevention resources

- ➔ Distributed multiple guidebooks and toolkits designed to support prevention, early intervention, and help-seeking across diverse audiences
- ➔ Resources included:

##### Fremont Parent Handbook

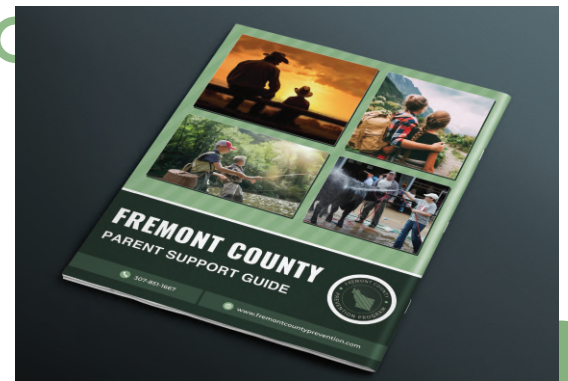
A comprehensive parent support guide focused on prevention for:

- Suicide
- Smoking and vaping
- Alcohol and other drugs
- Gambling
- Bullying

##### Cultivating Life Toolkit

A suicide prevention booklet tailored specifically to farmers and ranchers, offering:

- Clear guidance on recognizing warning signs of suicide
- Practical steps to support a friend, family member, or neighbor who may be struggling
- Resources that reflect the realities, culture, and stressors of agricultural communities



**Impact:** Expanded access to trusted, relevant prevention tools and strengthened community members' ability to recognize warning signs and support one another before crises occur

### 2 SURVIVORS OF SUICIDE LOSS EVENT

Held a day of remembrance, connection, and healing for those affected by suicide loss

- ➔ Created a safe, supportive space for survivors to:
  - Honor loved ones lost to suicide
  - Share stories and experiences
  - Find comfort and connection with others who understand
- ➔ Centered compassion, community, and healing rather than isolation



**Impact:** Reduced stigma around suicide loss and strengthened community-based support networks

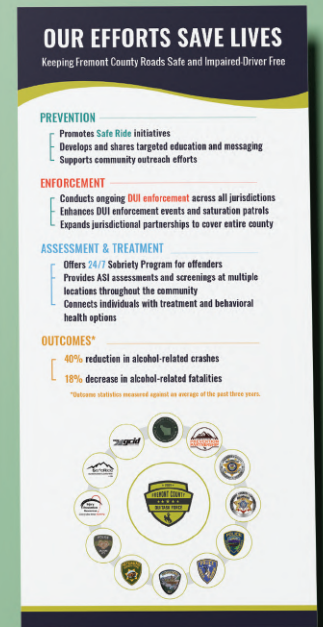
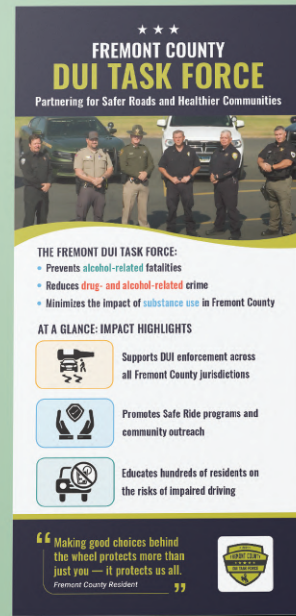
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## DUI TASK FORCE SUPPORT & AWARENESS

Advancing community safety through collaboration and visibility

- ➔ Distributed 2,000 rack cards highlighting the work and impact of the Fremont County DUI Task Force
- ➔ Increased visibility of ongoing safety initiatives and enforcement efforts
- ➔ Reinforced the message that prevention, accountability, and community safety go hand in hand

**Impact:** Improved public awareness of DUI prevention efforts and progress toward safer roads

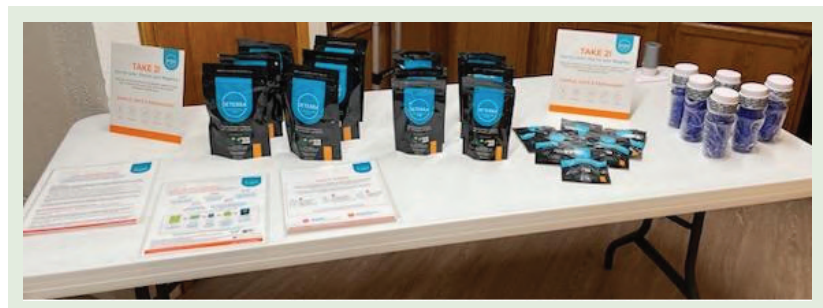


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## MEDICATION SAFE STORAGE AND DISPOSAL

Reducing illicit access to prescription and other Medication

- ➔ Supported prevention of both drug misuse and suicide by donating 18 medication lock boxes and distributing 1,800 Deterra Drug Deactivation Kits
- ➔ Drug deactivation kits facilitated the safe disposal of approximately 72,690 prescription pills
- ➔ Worked with multiple partners to successfully implement this lifesaving campaign, including Fremont County Public Health, Eastern Shoshone Tribal Health, Fremont Counseling Service, Eagles Hope Transitions, Juvenile & Adult Drug Courts, and Help for Health Hospice



**Impact:** Reduced availability of unused medications in homes and increased access to safe disposal options

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## ALCOHOL SERVER TRAINING

Increasing safe alcohol use through alcohol retailer education

- ➔ Facilitated TiPS training for 99 participants in 2025, a significant increase from 41 participants in 2024
- ➔ Thereby helped support Riverton's revision of Title 5 Alcohol Business License regulations, which now require all licensees, managers, and servers to complete approved training

**Impact:** Improved retailer and server knowledge on safe alcohol serving practices to protect youth and discourage overconsumption in our community



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## MENTAL HEALTH & SUICIDE PREVENTION TRAININGS

Expanded skills, awareness, and lifesaving intervention across the community

- ➔ Delivered multiple evidence-based trainings focused on mental health awareness, suicide prevention, and early intervention, including:
  - **Adult Mental Health First Aid** – equips adults to recognize signs of mental health and substance use challenges and respond appropriately.
  - **Youth Mental Health First Aid** – empowers adults working with youth to identify concerns early and connect young people to support.
  - **Sources of Strength** – a strengths-based, upstream prevention program that builds resilience, connection, and help-seeking behaviors among youth.
  - **Applied Suicide Intervention Skills Training (ASIST)** – an intensive, interactive training that prepares participants to intervene when someone may be at risk of suicide.
- ➔ All trainings emphasized practical skills, confidence-building, and clear pathways to support.

**Impact:** Increased the number of community members equipped to recognize warning signs, intervene early, and support individuals before a crisis escalates



# PROMO TEAM CAMPAIGNS & COMMUNITY ENGAGEMENT

Amplifying prevention messaging through media, digital content, and creative outreach

- ➔ The Fremont Prevention promo team produced a range of **articles, sites, graphics, and social media content** throughout 2025 that helped raise awareness about substance misuse, mental health, and community wellness.
- ➔ This content reached local audiences through **online articles and community platforms**, strengthening public understanding of prevention issues and resources.
- ➔ Examples of coverage include local news stories highlighting prevention partnerships and community conversations around substance use and mental health.
- ➔ Promo team assets showcased themes such as:
  - Collaborative prevention efforts with schools, law enforcement, and community organizations
  - Real stories and perspectives on wellness, resilience, and risk reduction
  - Educational graphics and messaging on alcohol, tobacco, other drugs, and mental health resources

**Impact:** Increased recognition of prevention priorities across local media and digital platforms, creating more opportunities for conversation, education, and community action.



# LOOKING AHEAD

2025 demonstrated meaningful progress across prevention, education, and community support. At the same time, Fremont Prevention recognizes that prevention is ongoing work.

**Progress is in motion, and there is still work to be done in 2026.**

By continuing to invest in education, connection, and early intervention, Fremont Prevention remains committed to building a healthier, safer, and more resilient Fremont County.



[www.fremontcountyprevention.com](http://www.fremontcountyprevention.com)